

Message from the Executive Director

People with addiction, mental illness and developmental disability issues may sometimes suffer in silence. We are devoted to deliver programs and services that encourage people to reach their true human potential.

NE Delta HSA directs and manages the operation of community-based programs to improve the quality of life of people with major mental illness, developmental disabilities and addictive disorders. Substance abuse and addiction are difficult to overcome, and even more difficult when you're also struggling with mental health problems, but treatment can help. NEDHSA offers treatment, support, and self-help maintenance to help you work with these issues and reclaim your life.

Excellent customer service, greater access to services and competent, quality care are the three tenets that guide our work. NEDHSA serves citizens in 12 parishes of northeastern Louisiana: Caldwell, East Carroll, West Carroll, Ouachita, Lincoln, Madison, Franklin, Morehouse, Jackson, Tensas, Richland and Union.

Sincerely,



Dr. Monteic A. Sizer

Northeast Delta Human Services Authority



Dr. Monteic A. Sizer
Executive Director





Northeast Delta
Human Services Authority

How do I access NEDHSA services?

The Monroe Clinic has a dedicated walk-in assessment unit and accepts walk-ins from 8:00 am to 2:00 pm Monday through Friday. The Ruston Clinic also accepts walk-ins from 8:00 am to 12:00 pm Monday through Friday. The remaining clinics may be able to accommodate a walk-in if there is an hour of unscheduled time or a cancellation, but a walk-in to the rural clinics without an appointment may result in longer wait times. For best results, call first to schedule an appointment.

For developmental disabilities services, please call 318-362-5188 or you may walk-in to the Women & Children's Clinic, which also serves as the NEDHSA Development Disabilities Application Center, between 8:00 am and 4:30 pm, Monday through Friday.

If you are experiencing a mental health crisis beyond our hours of operation, please call our 24/7 crisis line at 1-800-256-2522. We will speak with you and help you find the services you need. We will refer you elsewhere if your needs are beyond the scope of the services we offer. If you are experiencing a medical emergency or feel you may be a danger to yourself or others, please visit the nearest emergency room or call 911.

How do I know if I am eligible for NEDHSA services?

If you think you have a substance addiction/abuse problem or a mental health illness such as depression, severe mood swings, hallucinations, or emotional problems resulting from a traumatic event, we will assess you and determine if you meet our admission criteria or if you would benefit from us assisting you with some other treatment placement. If you think you or a family member may have a developmental disability, a significant intellectual or a physical impairment that occurred before the age of 22, you or your family member may be eligible for services. Also, if your child is enrolled in a special education curriculum or you want to learn more about eligibility, NEDHSA staff will assist you with assessment, planning and/or referrals for services for people with developmental disabilities. Below is general admission criteria for NEDHSA services.

Developmental Disabilities Criteria:

- ~ You are a resident of 1 of the 12 parishes we serve.
- ~ You have a severe, chronic disability that manifested before age 22.
- ~ You have an intellectual or physical impairment or combination of intellectual and physical impairments. You are enrolled in K-12 special education classes.

NEDHSA Behavioral Health Clinics

NEDHSA Monroe Clinic

4800 South Grand St • Monroe, La 71202 • (318) 362-3339
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Addiction & Mental Health Clinic)

NEDHSA Women & Children's Clinic

3200 Concordia • Monroe, La 71201 • (318) 362-5188
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Addiction & Mental Health Clinic)
(Developmental Disabilities Application Center)

NEDHSA Bastrop Clinic

320 S. Franklin St • Bastrop, La 71220 • (318) 283-0868
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Addiction & Mental Health Clinic)

NEDHSA Columbia Clinic

5159 Hwy 4 East • Columbia, La 71418 • (318) 649-2333
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Addiction & Mental Health Clinic)

NEDHSA Ruston Clinic

602 East Georgia Ave • Ruston, La 71270 • (318) 251-4125
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Addiction & Mental Health Clinic)

NEDHSA Tallulah Clinic

1012 Johnson St • Tallulah, La 71282 • (318) 574-1713
Hours of Operation: Monday – Friday 8:00 am-4:30 pm
(Mental Health Clinic)

NEDHSA Winnsboro Outreach

1301 Landis St • Winnsboro, La 71295
(318) 649-2333 or (318) 435-2146
Hours of Operation: Tuesday and Wednesday Only
8:45 am-3:45 pm
(Mental Health Clinic)

NEDHSA Jonesboro Outreach

134 Hwy 4 East • Jonesboro, La 71251
(318) 251-4125 or (318) 259-6624
Hours of Operation: Wednesday Only 8:00 am-4:30 pm
(Mental Health Clinic)

Crisis Hotline Numbers:

Mental Health & Addictive Disorders

1-800-256-2522

Developmental Disabilities

1-800-637-3133

NEDHSA Administrative Office

2513 Ferrand St • Monroe, LA 71201 • (318) 362-3270
Monday-Friday 8:00 am-4:30 pm



Mental Health • Addictive Disorders Developmental Disabilities



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FAQ

Frequently Asked Questions

www.nedeltahsa.org